



TEACH AI WHO YOU ARE

**AI LEARNS THE AVERAGE OF THE INTERNET.
TEACH IT YOU.**

START HERE • LET AI INTERVIEW YOU

"Interview me one question at a time so you really know me. Give me a few options for each answer."

Just pick or type. AI does the writing. You do the knowing. Or take a photo of this page and upload it to AI.

WHO I AM

"Ask me five questions about what I do, what I love, and what matters most to me."

HOW I SOUND

"Here are three things I wrote. Tell me what makes them sound like me."

HOW I WORK

"Ask me how I like to get things done. Then turn it into simple steps."

HOW TO STRETCH ME

"Ask me how I want to grow. Then do not just agree with me."

SAVE YOUR BEST WORKFLOW AS A SKILL

"Look back at our conversation today and notice where I corrected you or pushed for a better result. Turn the exact steps that worked into a short, repeatable checklist I can save as a skill for next time."

This is how your one page grows, one good conversation at a time.

YOU TAUGHT AI WHO YOU ARE. NOW ASK THIS.

"Based on what you know about me, what is the one truth I keep circling but have not said plainly? Write it in one sentence. Then ask me one question I cannot answer on a screen."